

Congenital Neurologic Abnormalities

for USMLE Step One



Benjamin Tanenbaum
UMass Class of 2021

www.12daysinmarch.com
email: Howard@12daysinmarch.com

Roadmap

(Congenital Abnormalities for the Boards)

Neural Tube Defects

Anencephaly

Spina Bifida

- 1) Occulta
- 2) Meningocele
- 3) Meningomyelocele

Posterior Fossa

- 1) Cerebral Aqueduct Stenosis
- 2) Dandy Walker
- 3) Chiari I/II

Anterior Fossa

Holoprosencephaly

Spinal Cord

Syringomyelia

Neural Tube Defects



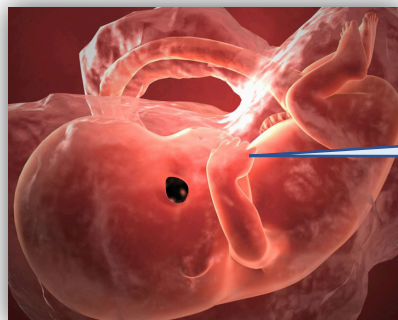
Amniotic Fluid:

↑↑↑ AFP
↑↑↑ AChE



Neural Tube Defects

2	3	4	5	6	7	8
9	10	11	12	13	14	15
Embryo To Do List						
Week 4: Close Neural Tube						



Don't forget your Folate!

Neural Tube Defects



Amniotic Fluid:

↑↑↑ AFP
↑↑↑ AChE



Neural Tube Defects

Anencephaly



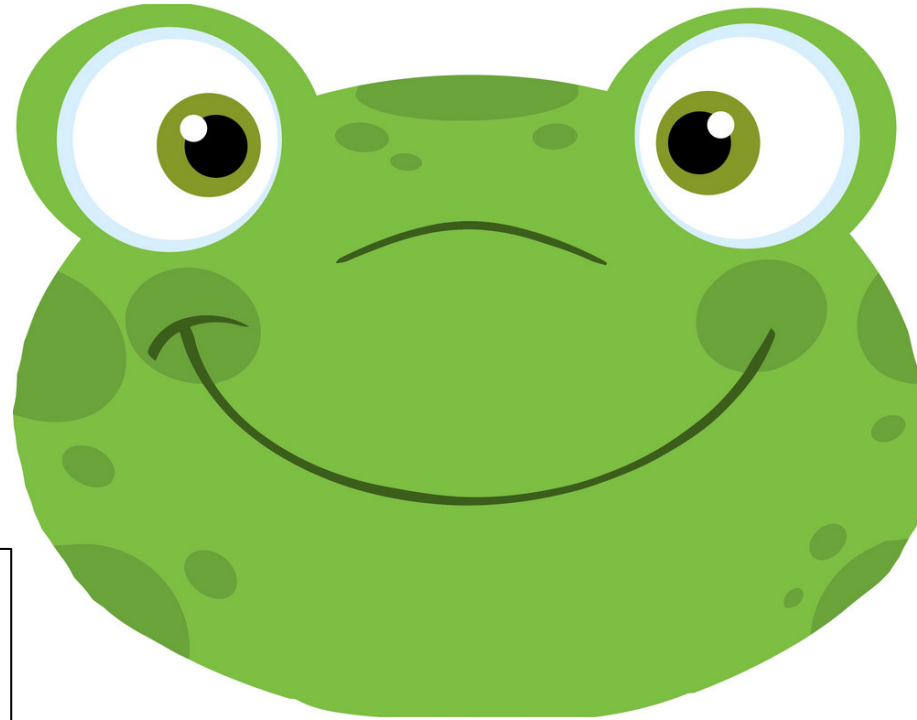
Amniotic Fluid:

↑↑↑ AFP
↑↑↑ AChE

Spina Bifida



Anencephaly

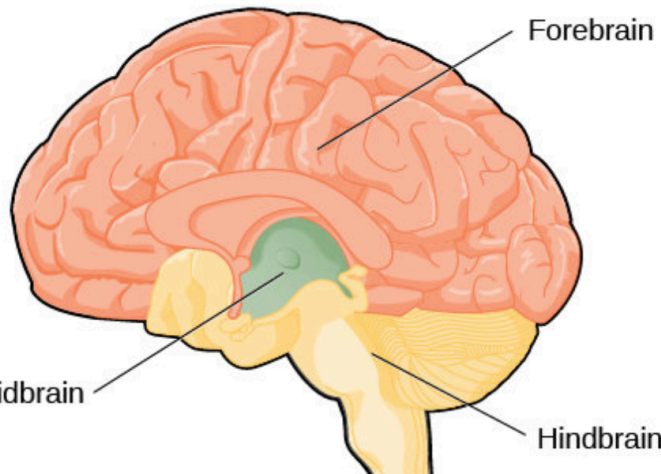


Amniotic Fluid:

Polyhydramnios

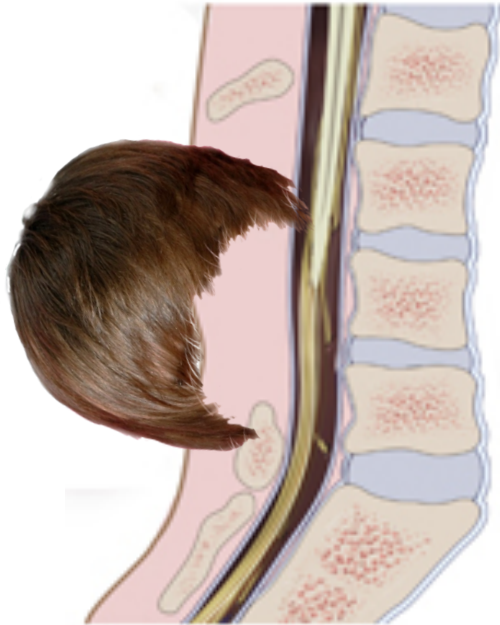
↑↑↑ AFP

↑↑↑ AChE

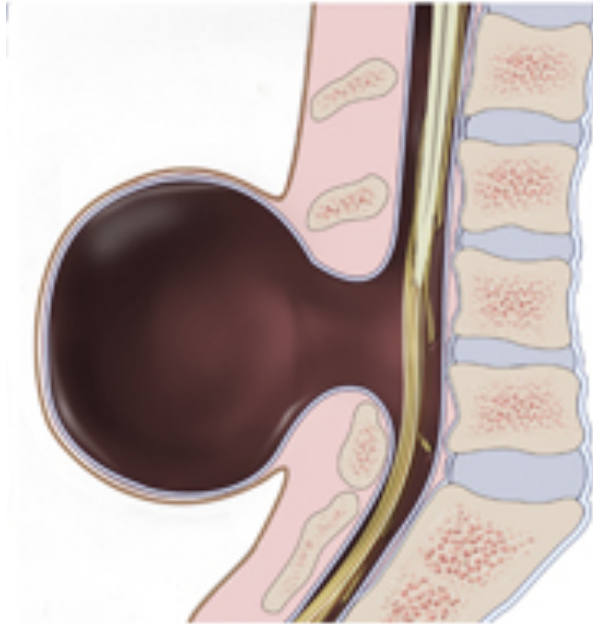


Spina Bifida

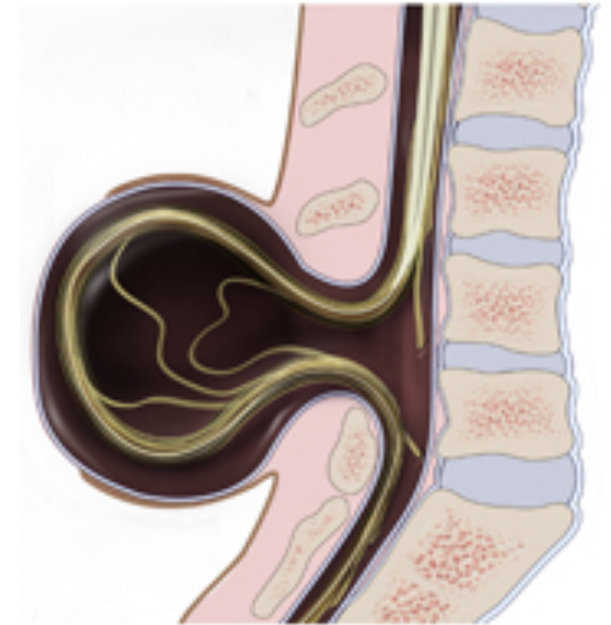
Occulta



Meningocele

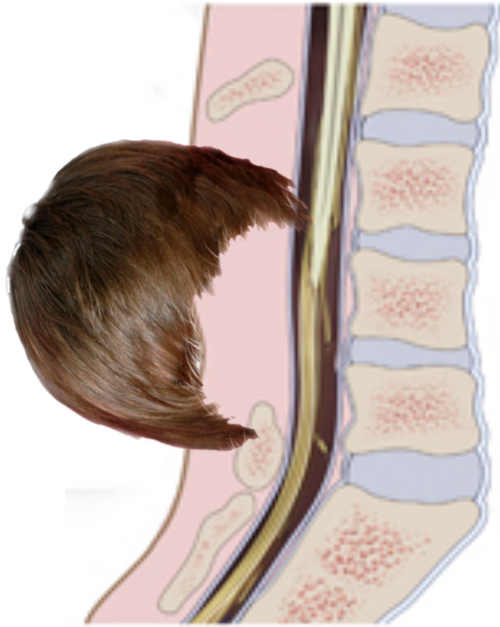


Meningomyelocele



Spina Bifida

Occulta



Amniotic Fluid:

↑↑↑ AFP
↑↑↑ AChE

Spina Bifida

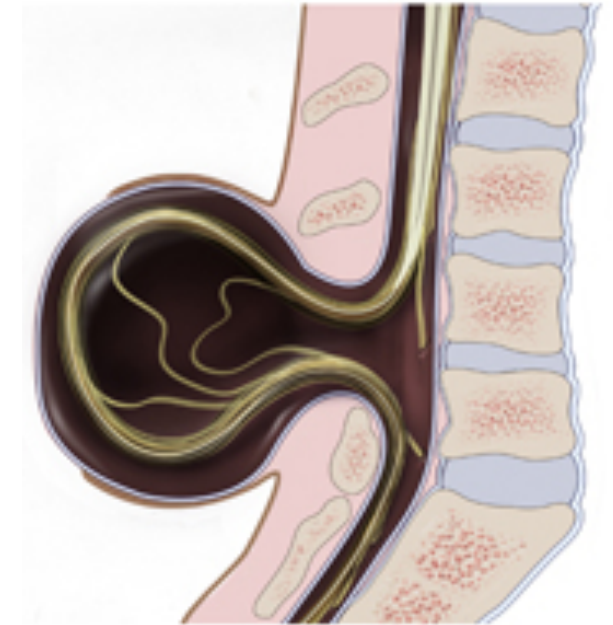
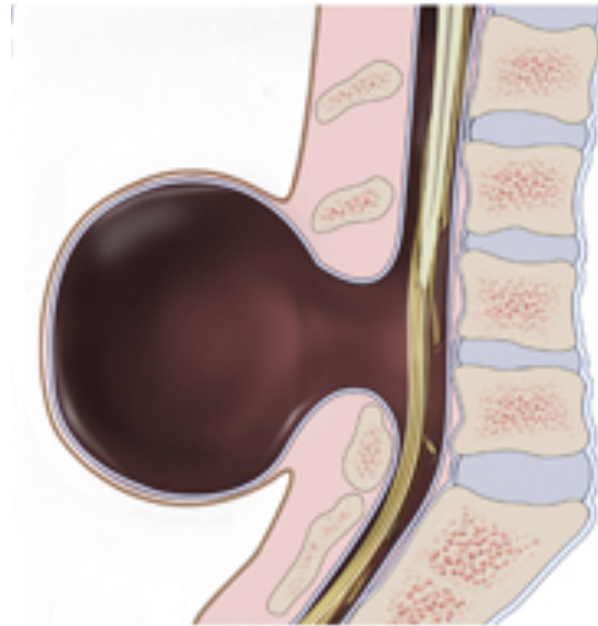
Meningocele

Meningomyelocele

Amniotic Fluid:

↑↑↑ AFP

↑↑↑ AChE



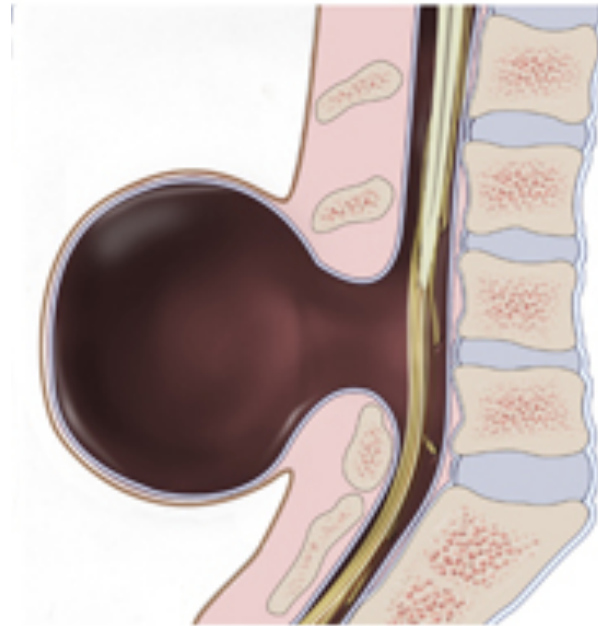
Spina Bifida



Amniotic Fluid:

↑↑↑ AFP
↑↑↑ AChE

Meningocele



Meningomyelocele



Incontinence, paralysis, areflexia

Neural Tube Defects

Anencephaly



Spina Bifida

Valproic Acid: Decreases maternal folate absorption

Methotrexate: Inhibits Dihydrofolate Reductase



Roadmap

(Congenital Abnormalities for the Boards)

Neural Tube Defects

Anencephaly

Spina Bifida

- 1) Occulta
- 2) Meningocele
- 3) Meningomyelocele

Posterior Fossa

- 1) Cerebral Aqueduct Stenosis**
- 2) Dandy Walker**
- 3) Chiari I/II**

Anterior Fossa

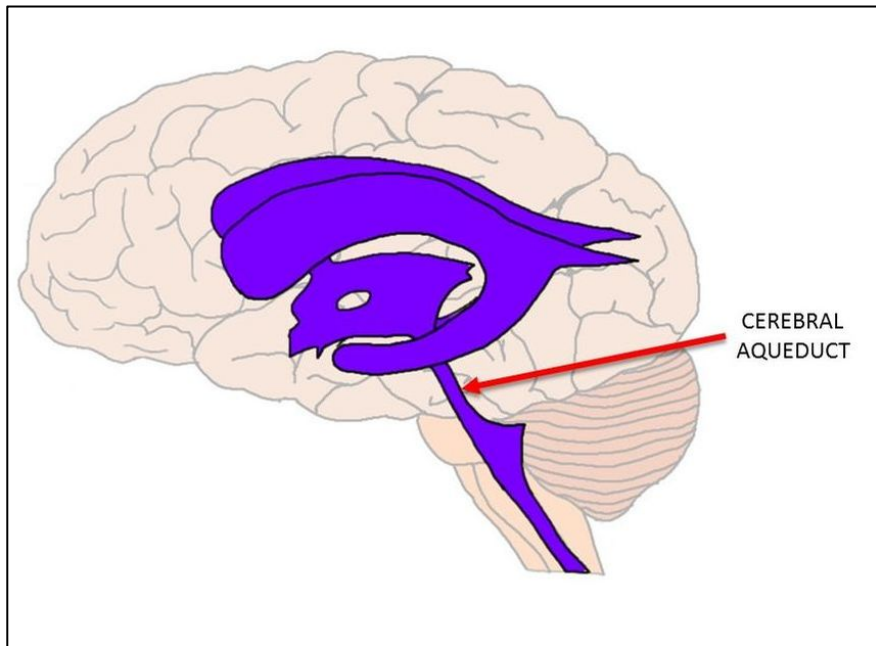
Holoprosencephaly

Spinal Cord

Syringomyelia

Cerebral Aqueduct Stenosis

Normal



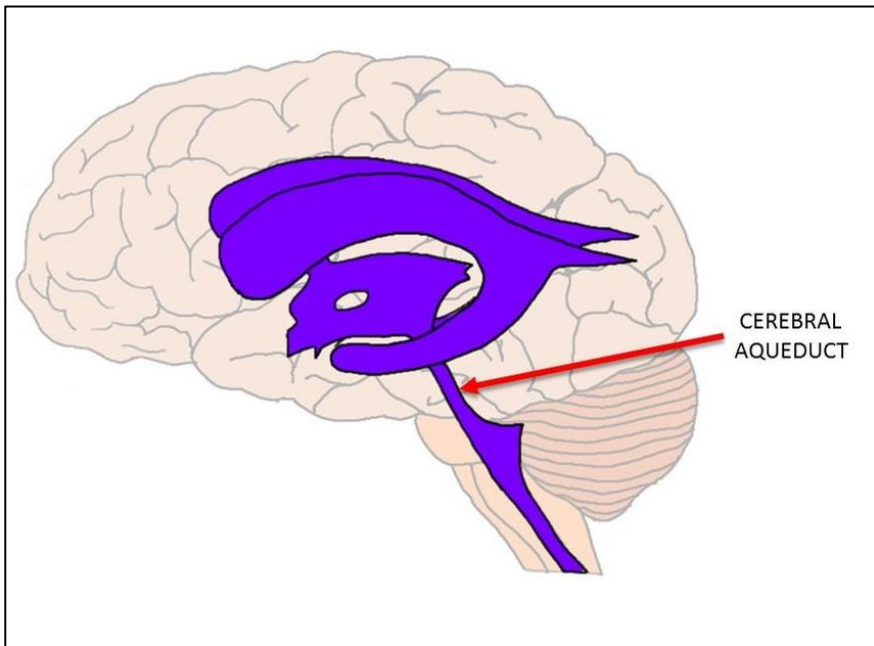
Connects ventricles 3 and 4

Stenosis



Cerebral Aqueduct Stenosis

Normal



Connects ventricles 3 and 4

Stenosis



Hydrocephalus:

- **Increased head size**
- **Bulging fontanelle**
- **Increased ICP= Papilledema**
- Seizures
- Fussy/vomiting/poor feeding

Cerebral Aqueduct Stenosis

Pediatric Hydrocephalus

Congenital

- 1) Cerebral Aqueduct Stenosis
- 2) Chiari II malformation
- 3) Dandy Walker malformation

Acquired

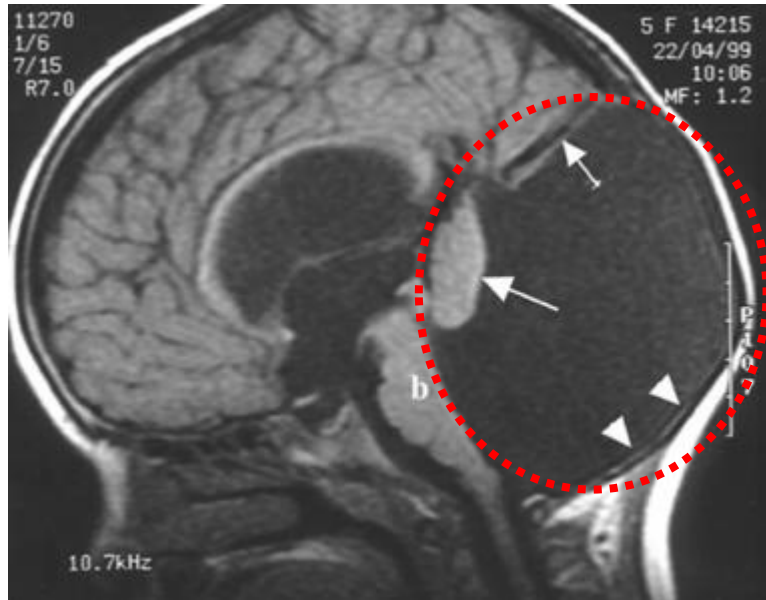
- 1) Medulloblastoma
- 2) Traumatic Injury
- 3) Meningitis



Hydrocephalus:

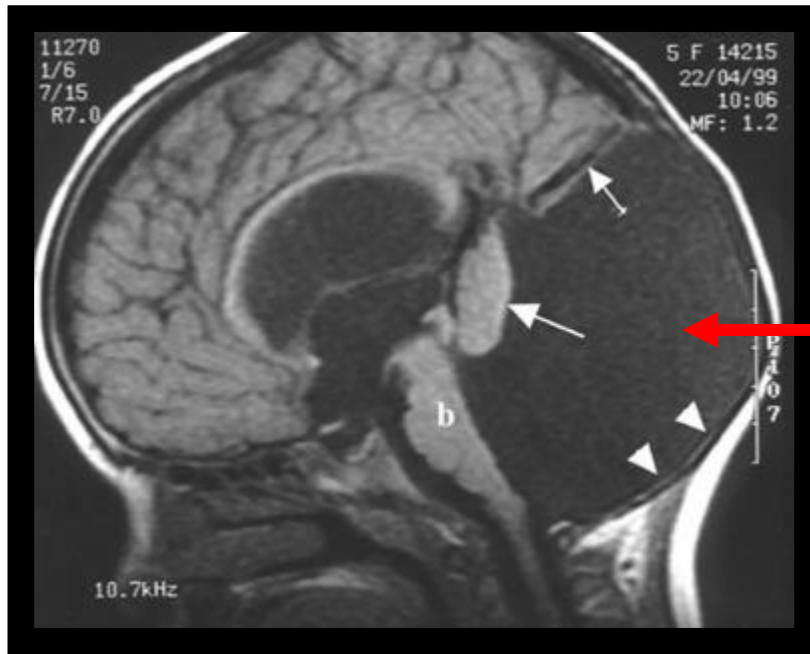
- Increased head size
- Bulging fontanelle
- Increased ICP=
Papilledema
- Seizures
- Fussy/vomiting/poor feeding

Dandy Walker Malformation



Cerebellar vermis coordinates proximal muscles

Dandy Walker Malformation



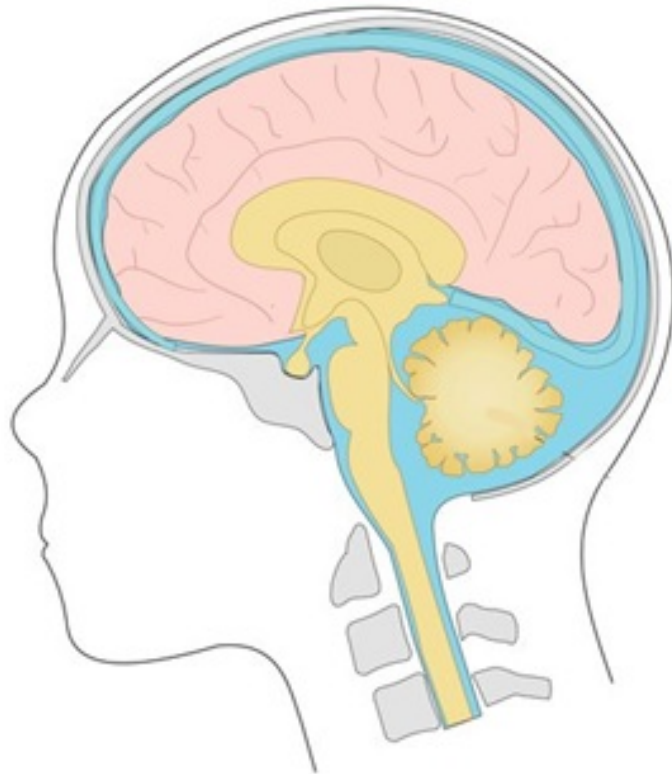
**That's not a
cerebellum!!**

Chiari Malformations

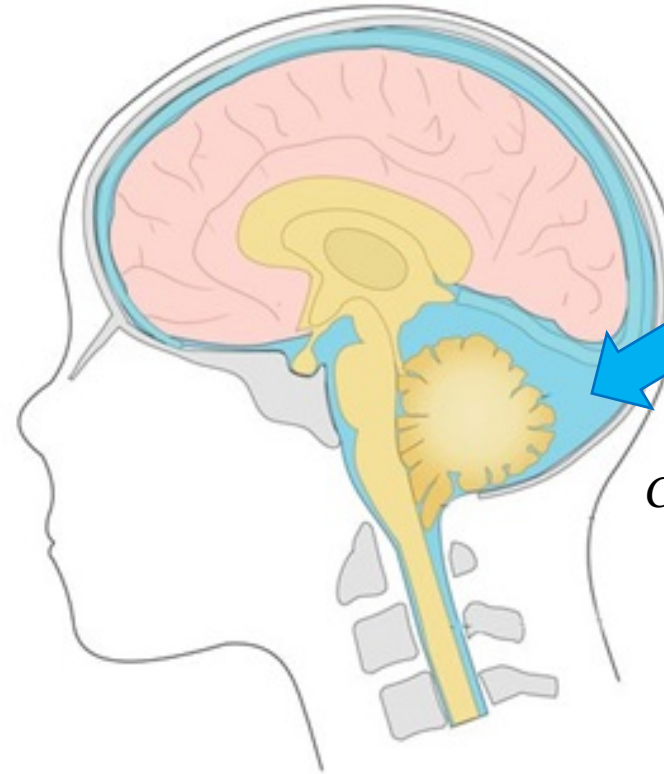
Posterior Fossa

- 1) Cerebral Aqueduct Stenosis
- 2) Dandy Walker
- 3) Chiari I/II

Normal



Chiari malformation

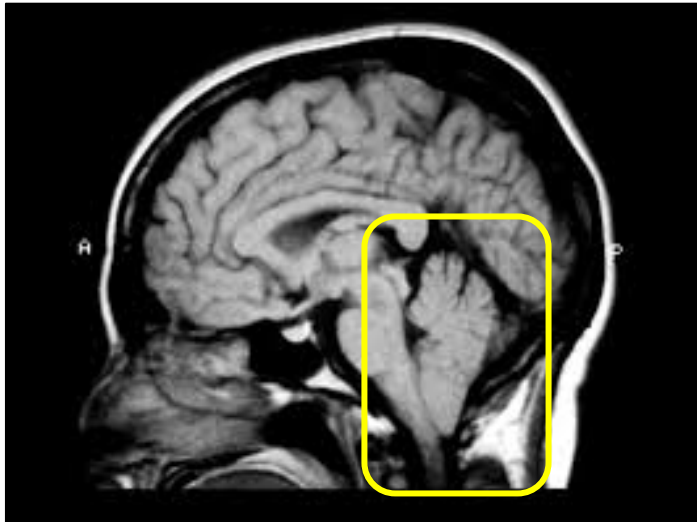


Cerebellum has migrated

Chiari Malformations

Type 1

- Not as severe
- Syringomyelia association
(*'Type 1 fits inside syrinx'*)

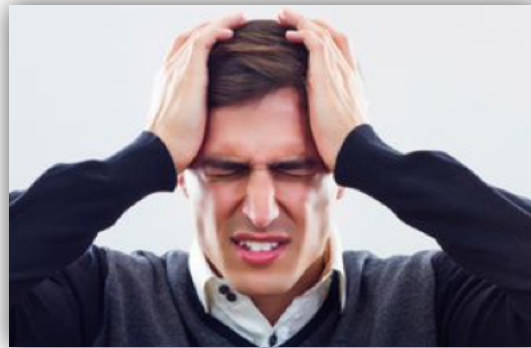
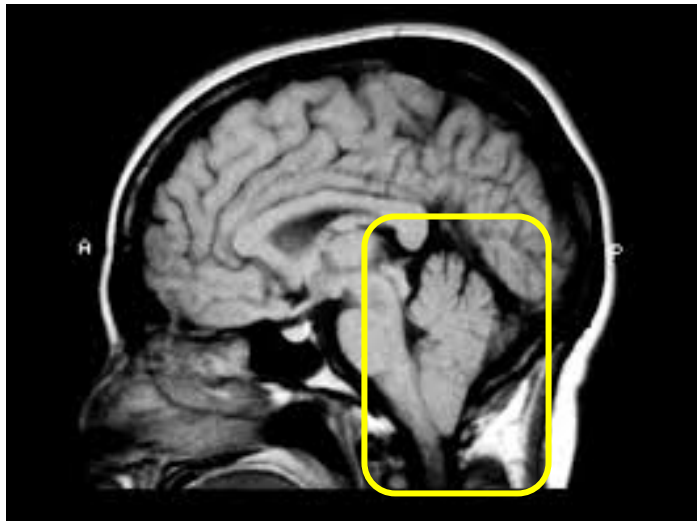


Type 2

Chiari Malformations

Type 1

- Not as severe
- **Syringomyelia** association
(*'Type 1 fits inside syrinx'*)



Headache



Ataxia

Chiari Malformations

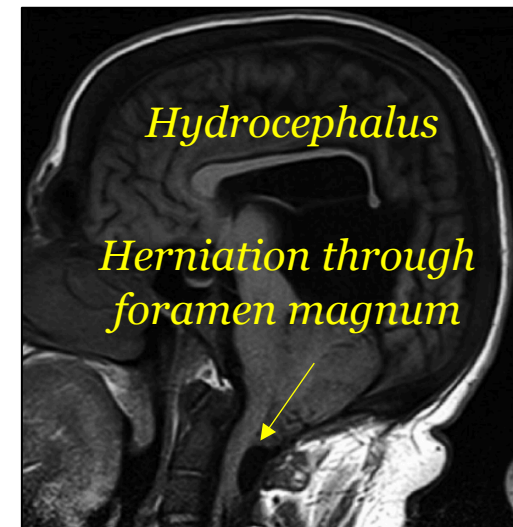
Type 1

- Not as severe
- **Syringomyelia** association
(*'Type 1 fits inside syrinx'*)



Type 2

- **BAD BAD BAD!!!**
- A/w **Meningocele** (2 things herniate through spinal cord=dura and spinal cord)
- Causes hydrocephalus



Roadmap

(Congenital Abnormalities for the Boards)

Neural Tube Defects

Anencephaly

Spina Bifida

- 1) Occulta
- 2) Meningocele
- 3) Meningomyelocele

Posterior Fossa

- 1) Cerebral Aqueduct Stenosis
- 2) Dandy Walker
- 3) Chiari I/II

Anterior Fossa

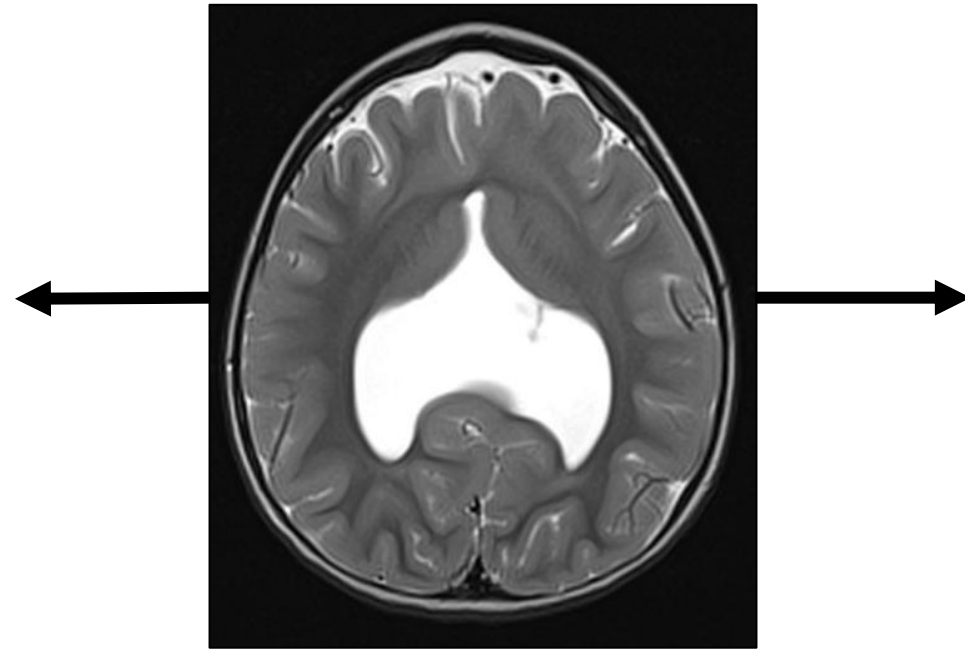
Holoprosencephaly

Spinal Cord

Syringomyelia

Holoprosencephaly

Left and right hemispheres
fail to separate



Holoprosencephaly



Associations:

- **Sonic Hedgehog** signaling mutations
- **Fetal Alcohol Syndrome**
- **Trisomy 13 AKA Patau Syndrome**=midline defects (Omphalocele, cleft lip, holoprosencephaly)+ rocker-bottom feet

Holoprosencephaly



Associations:

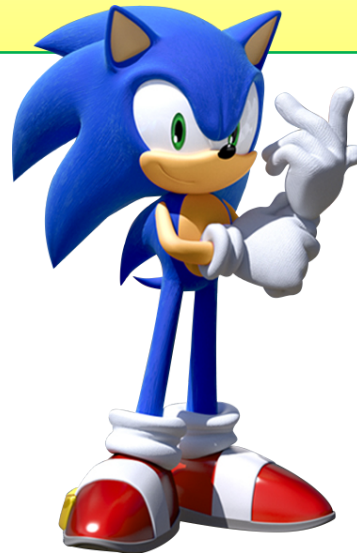
- **Sonic Hedgehog** signaling mutations
- **Fetal Alcohol Syndrome**
- **Trisomy 13 AKA Patau Syndrome**=midline defects (Omphalocele, cleft lip, holoprosencephaly)+ rocker-bottom feet

Holoprosencephaly

I'm almost 40?!?! Where did the years go!?



Holopros (pictured left), the cyclops, is 39 years old ($3 \times 13 = \text{trisomy } 13$) and an alcoholic. He just plays sonic all day!



Roadmap

(Congenital Abnormalities for the Boards)

Neural Tube Defects

Anencephaly

Spina Bifida

- 1) Occulta
- 2) Meningocele
- 3) Meningomyelocele

Posterior Fossa

- 1) Cerebral Aqueduct Stenosis
- 2) Dandy Walker
- 3) Chiari I/II

Anterior Fossa

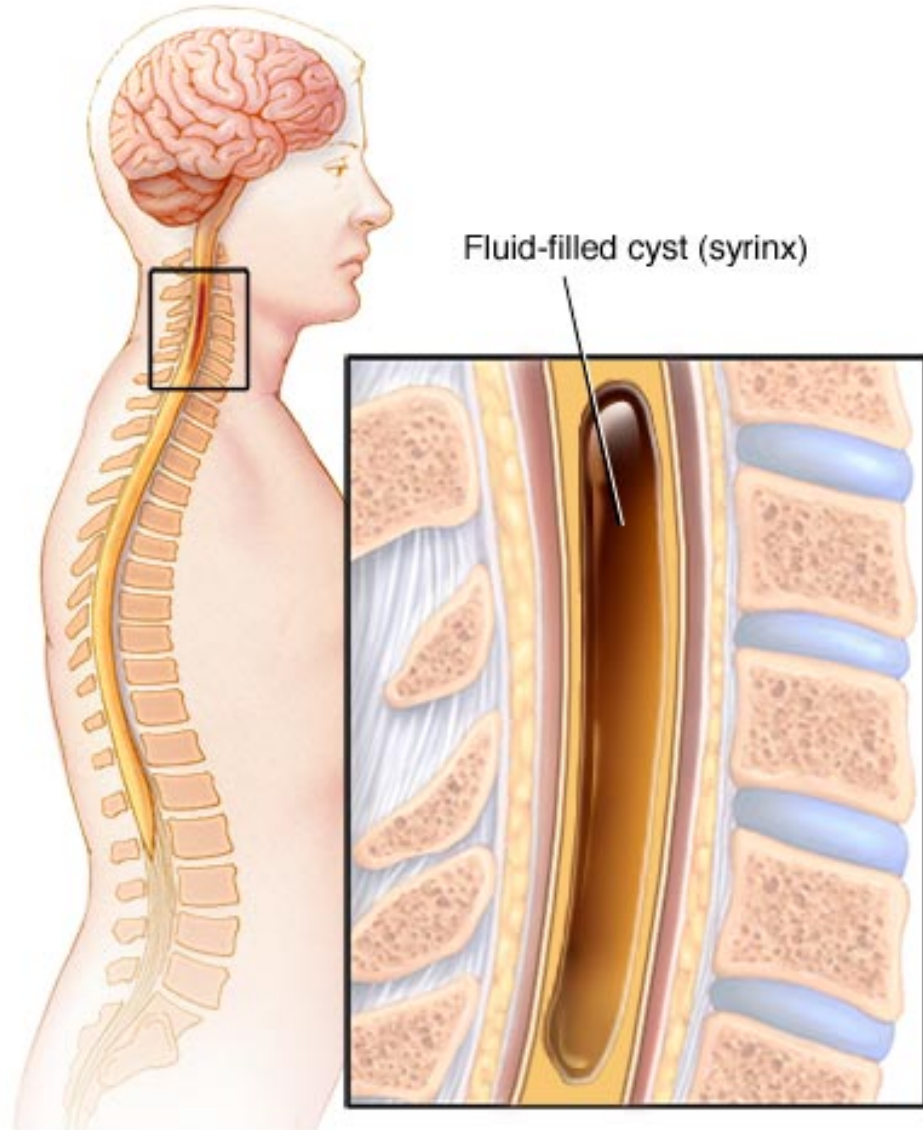
Holoprosencephaly

Spinal Cord

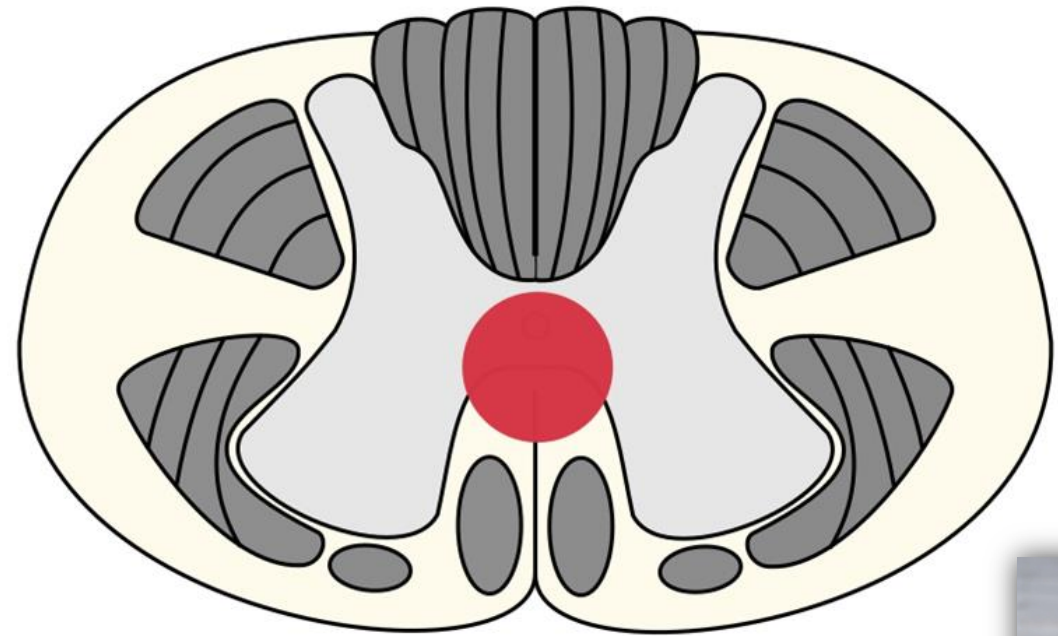
Syringomyelia

Sample questions to follow...

Syringomyelia



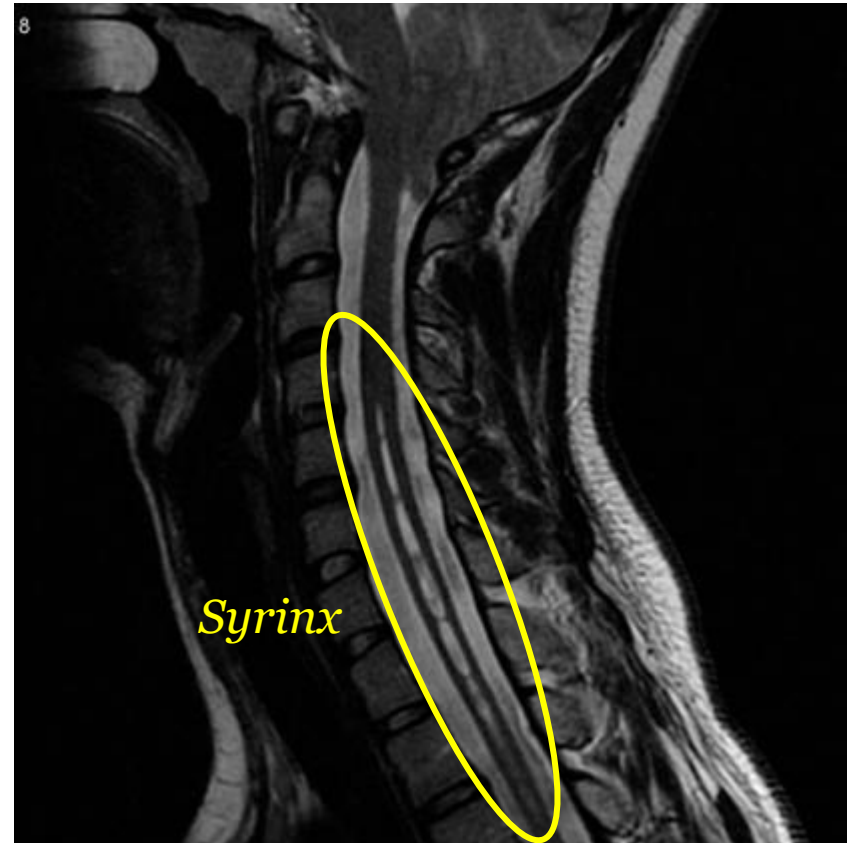
Impaired Pain and Temperature



Syringomyelia



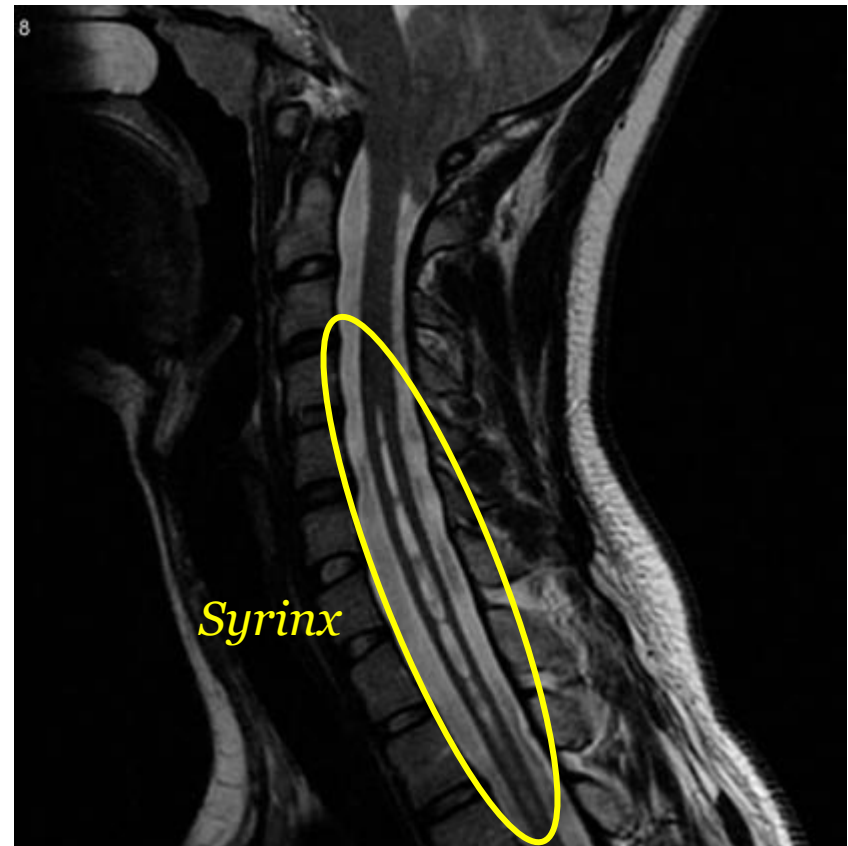
*Numbness to pain/temperature in
upper back/arms*



Syringomyelia



*Numbness to pain/temperature in
upper back/arms*



Roadmap

(Congenital Abnormalities for the Boards)

Neural Tube Defects

Anencephaly

Spina Bifida

- 1) Occulta
- 2) Meningocele
- 3) Meningomyelocele

Posterior Fossa

- 1) Cerebral Aqueduct Stenosis
- 2) Dandy Walker
- 3) Chiari I/II

Anterior Fossa

Holoprosencephaly

Spinal Cord

Syringomyelia

Sample questions to follow...

Congenital Neurologic Abnormalities

for USMLE Step One



Benjamin Tanenbaum
UMass Class of 2021

Sample questions to follow...

www.12daysinmarch.com

email: Howard@12daysinmarch.com

