

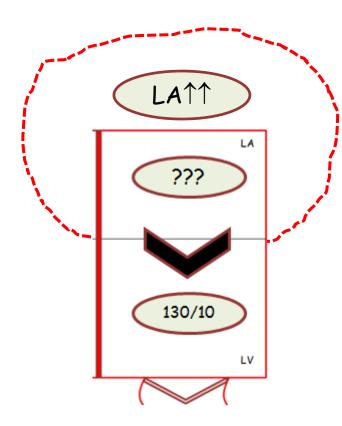
Cardiology

<u>Mitral Stenosis and Derivatives</u>: Part III: Complications (i.e. Atrial Fibrillation)

Howard J. Sachs, MD <u>www.12DaysinMarch.com</u> E-mail: Howard@12daysinmarch.com

the Sounds

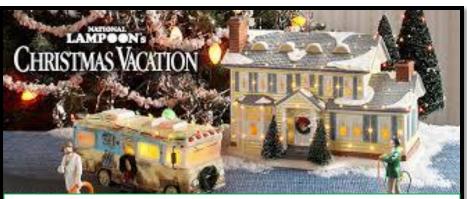
Derivatives and Final Tidbits: Complications



Compression of surrounding structures

Esophagus: dysphagia Laryngeal nerve: hoarseness

Atrial fibrillation



This is just a small excursion...



- Recognize the rhythm
 - Irregularly irregular: usually given \rightarrow another derivative



Images to Know for Step One



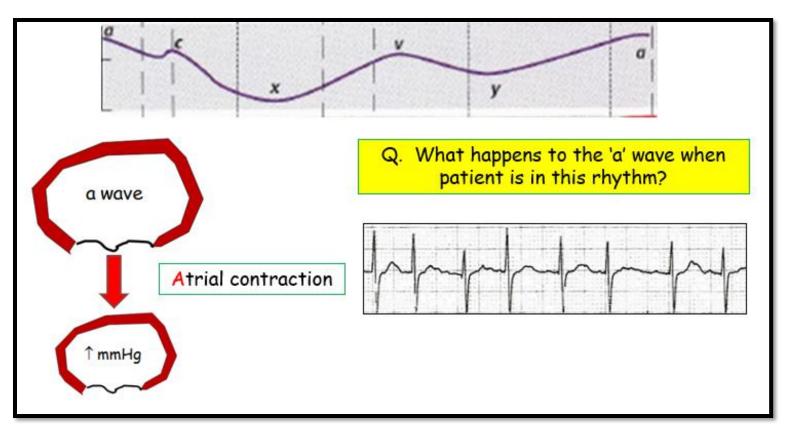
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Coarse baseline tracing can mimic P-waves Focus on the irregularity of the R-R intervals

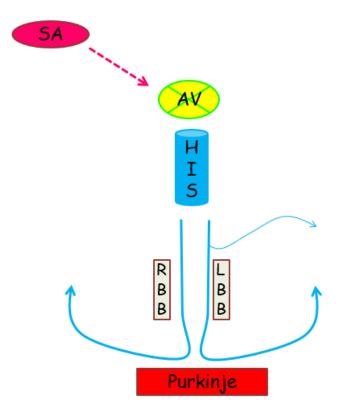


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 - Loss of 'A' wave in JVP





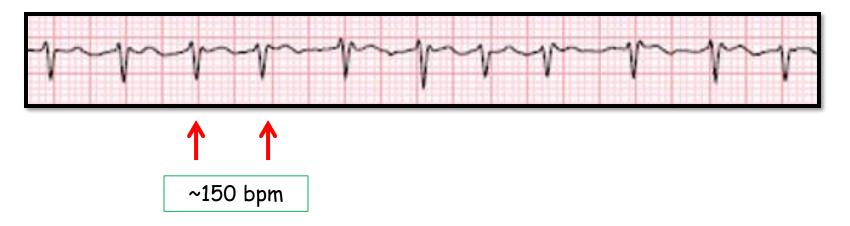
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 - <u>Ventricular rate</u> governed by <u>AV node refractory period</u>

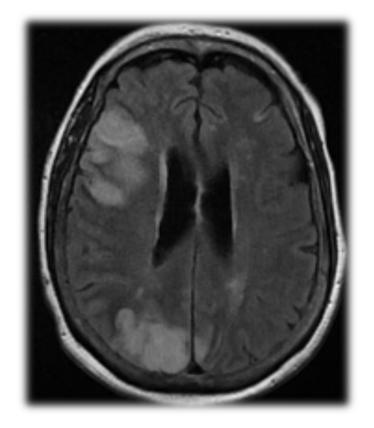




Understand complications

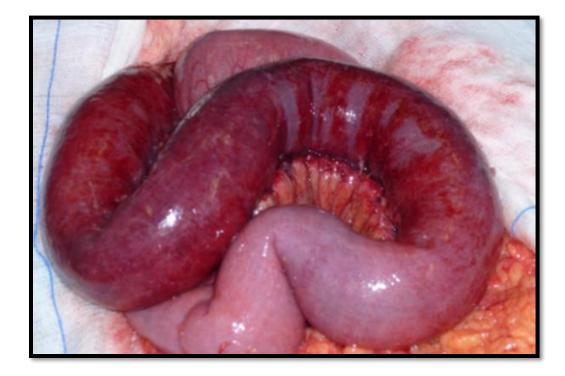
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 - Ramification for conditions that are 'preload-dependent' (i.e. AI, AS/HCM)





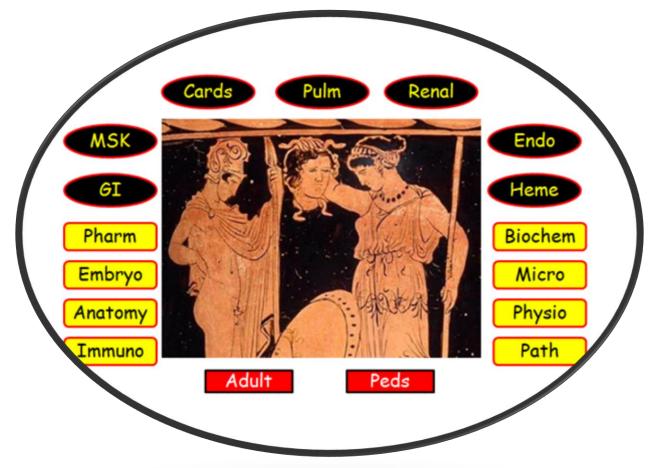
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 - Not just CVA (viscera with 'wedge shaped infarct', ischemic gut)



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45 y.o. woman presents with flank pain and hematuria. CT obtained. Which of the following would not be associated with this presentation?

- 1. Essential thrombocythemia
- 2. Polycythemia vera
- 3. Atrial fibrillation
- 4. Antiphospholipid antibody syndrome
- 5. Patent foramen ovale
- 6. Activated Protein C resistance
- 7. Ejection fraction of 25%
- 8. Atrial myxoma
- 9. Infectious endocarditis
- 10. Physiologic erythrocytosis

Renal Infarct, left (wedge shaped)

Thrombo-Embolism for the Boards

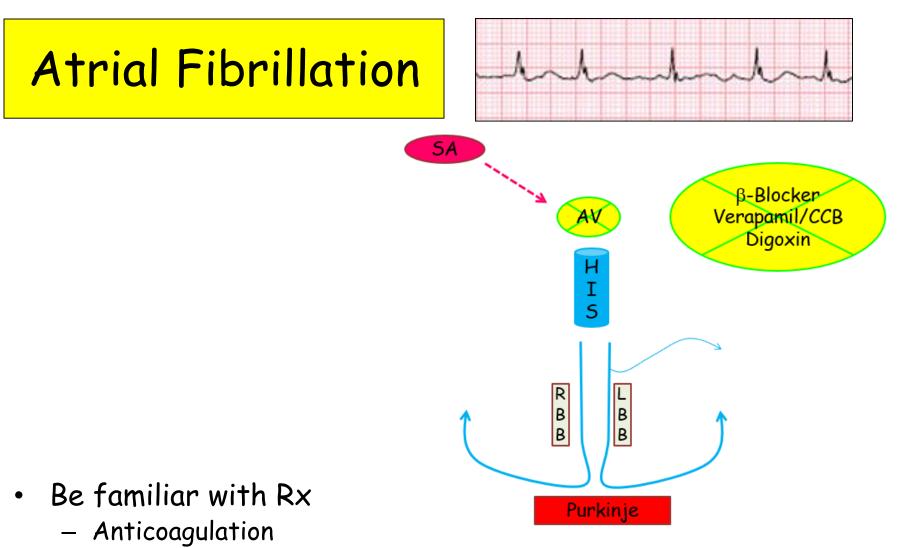
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10. Physiologic erythrocytosis





- Be familiar with Rx
 - Anticoagulation
 - Rate control (β -blockers, CCB)
 - Digoxin



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- Digoxin

Digoxin: Separate MOA

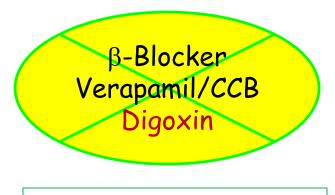
- Inotropic MOA
 - $\downarrow Na efflux \rightarrow \uparrow IC Calcium$
 - Really

- Chronotropic MOA
 - \uparrow Parasympathetic tone
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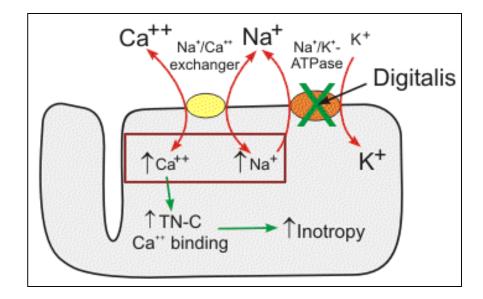
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AV Node Inhibitors

Digoxin: Separate MOA

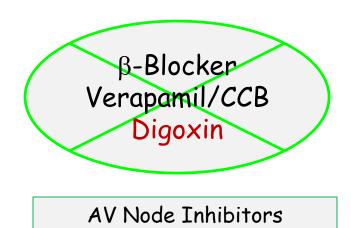
• Inotropic MOA $- \downarrow Na \text{ efflux} \rightarrow \uparrow IC \text{ Calcium}$ - Really



If Na is NOT extruded (via pump), there is no need for Ca to leave in the first place

- Chronotropic MOA
 - \uparrow Parasympathetic tone

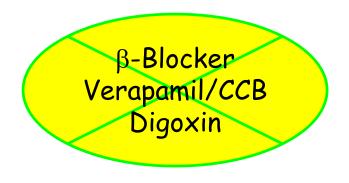
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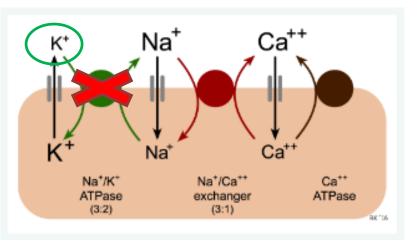


Digoxin: Adverse Effects

- Nausea/Vomiting/Visual Δ
 - Blurred or yellow vision
- Potassium
 - 1. Displaces $K^{+} \rightarrow hyperkalemia^{*}$
 - 2. Competes w/ K⁺: low $K \rightarrow dig$ toxicity
- Renal clearance
 - Azotemia* (esp from other drugs) \rightarrow dig toxicity
- Dysrhythmias:
 - Bradycardia/heart block
 - Ventricular tachycardia/fibrillation

*Do Not Confuse: ACE/spironolactone





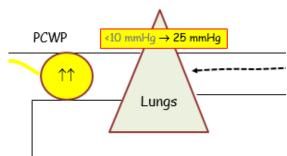


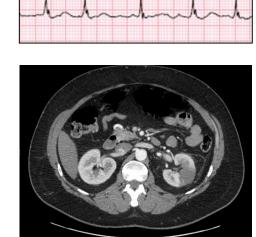
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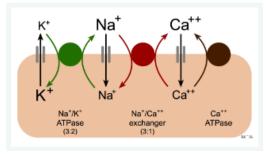
End Mitral Stenosis

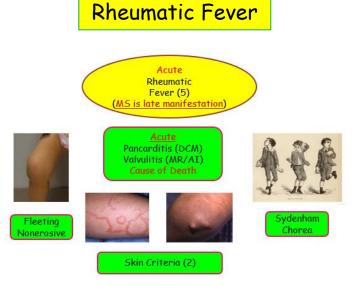
Complications

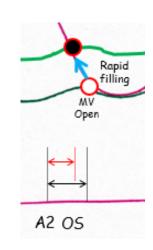














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