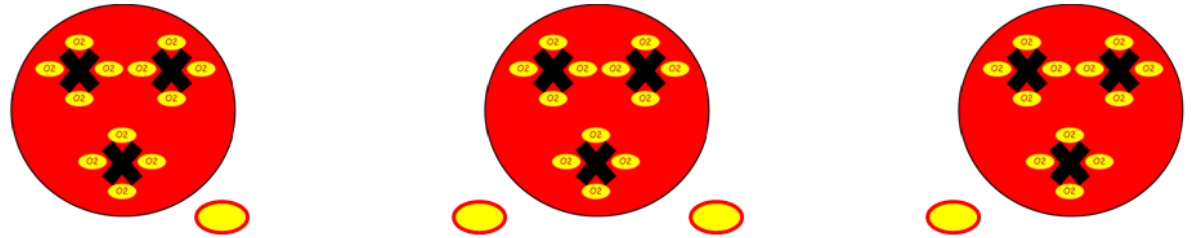


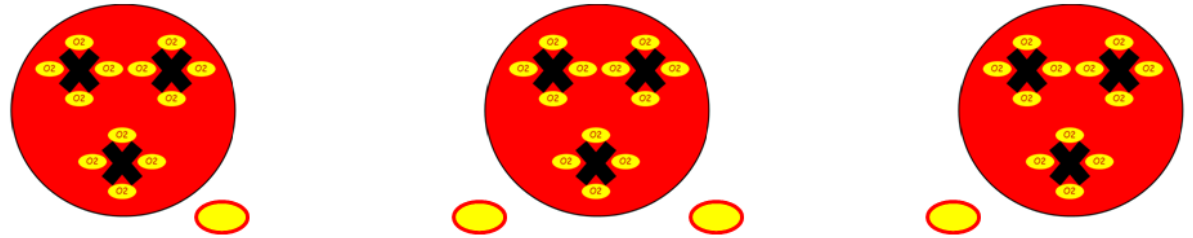
Cardiovascular Response to Anemia?





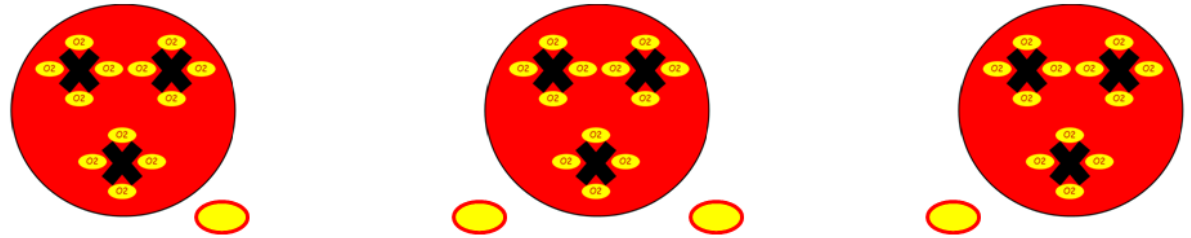
Cardiovascular Response to Hypoxia?



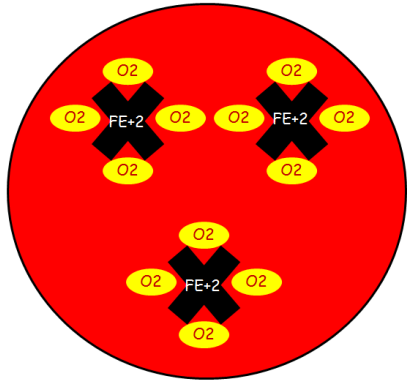


Cardiovascular Response to Hypoxia?

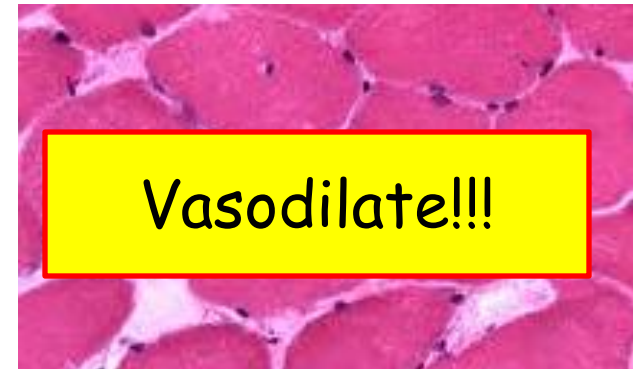
Anemia = Low CaO₂ = Tissue Hypoxia



Cardiovascular Response to Anemia?



If the purpose of RBCs are to deliver oxygen, how will oxygen-deprived tissues respond?



Vasodilate!!!



Cardiovascular Response to Anemia?



Vasodilate!!!

$$CO = HR \times SV$$

If you vasodilate, what happens to afterload?

If afterload decreases, what happens to SV?

If SV increases, what happens to CO?

If SV increases, what happens to pulse pressure?



Cardiovascular Response to Anemia?



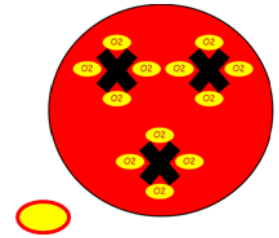
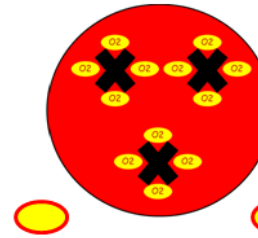
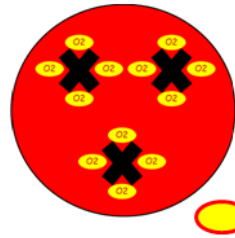
Vasodilate!!!

$$CO = HR \times SV$$

Pulse Pressure

1. Systolic - Diastolic
2. Compliance (aortic) x SV

If SV increases, what happens to pulse pressure?



Cardiac Response to Anemia

Low oxygen delivery to tissue/periphery:

Vasodilation → ↓ Afterload

SV ↑ due to ↓ Afterload (and ↓ blood viscosity)

CO ↑ due to ↑ SV (and HR via SNS)

Pulse Pressure ↑: **SV x Compliance (aortic)**

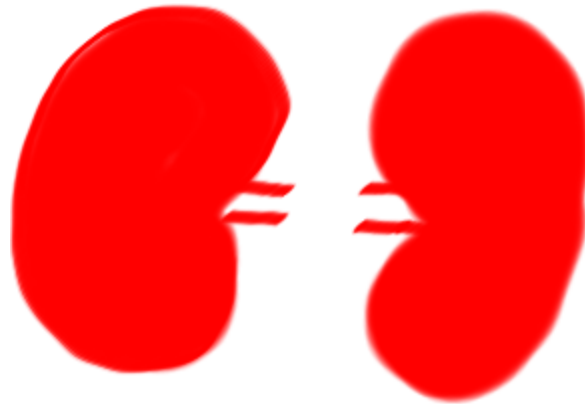
CV Response to ↓ O₂ Content:
↑CO, SV, PP (pulse pressure)

FYI...example of 'hi output failure'

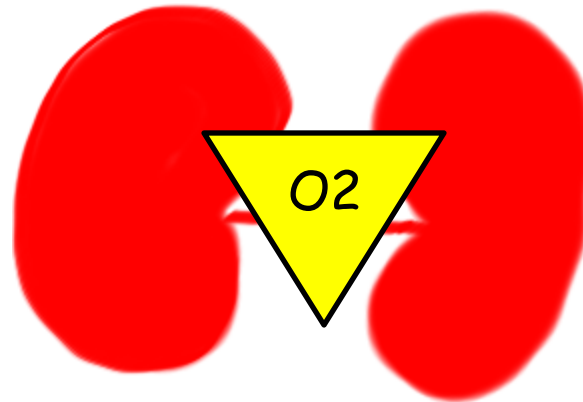
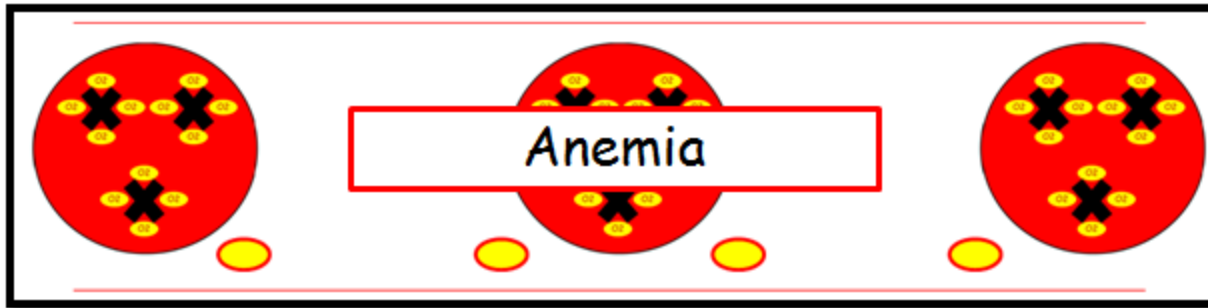
Patient with Hgb 10 (12-15) and HCT of 30% (40-45)

	PaO ₂	SaO ₂	CaO ₂	SV, CO, PP
A.	↓	↓	↔	↔
B.	↑	↑	↑	↓
C.	↔	↔	↓	↑

Q. Stimulus to EPO: GFR or Anemia?



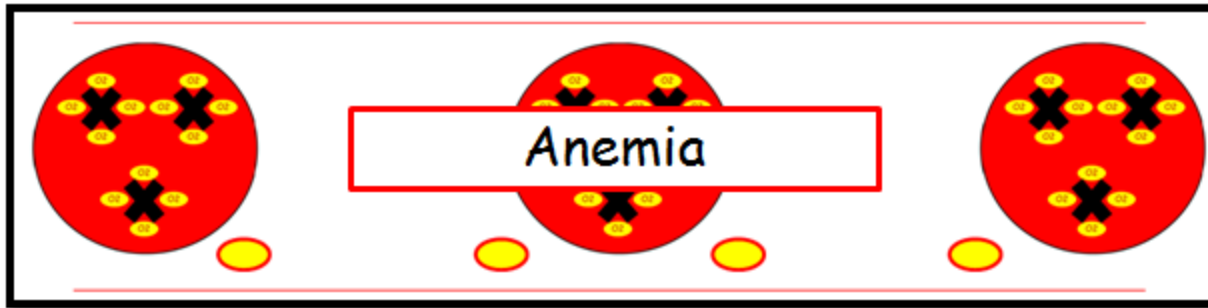
Hello Kidneys!



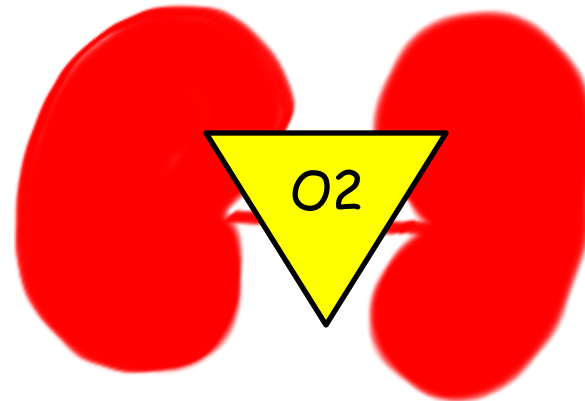
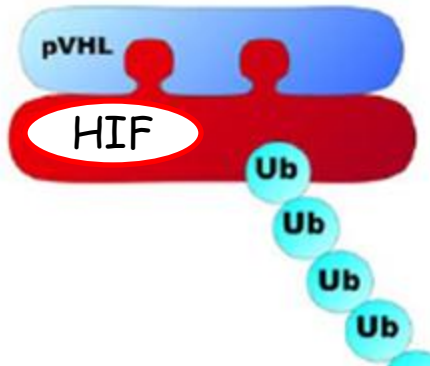
Erythropoietin production
(interstitial cells) driven by:

OXYGEN CONTENT

$$(\text{Hb } 9 \times 1.34) \times 95\text{-}100\% \text{ SaO}_2 + 0.3 = 12 \text{ ml O}_2/\text{dl}$$



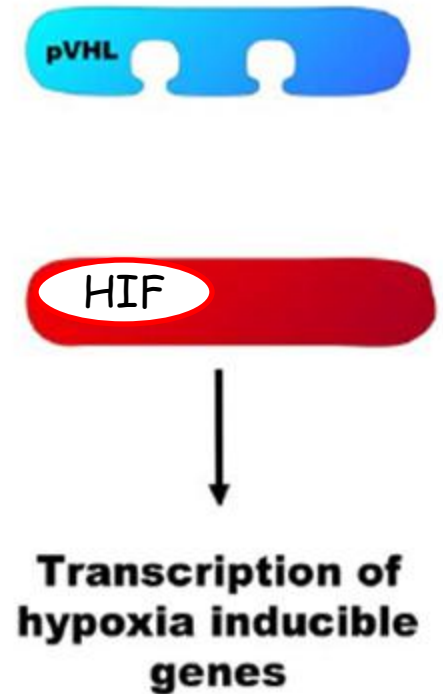
Normoxia



Erythropoietin production
(interstitial cells) driven by:

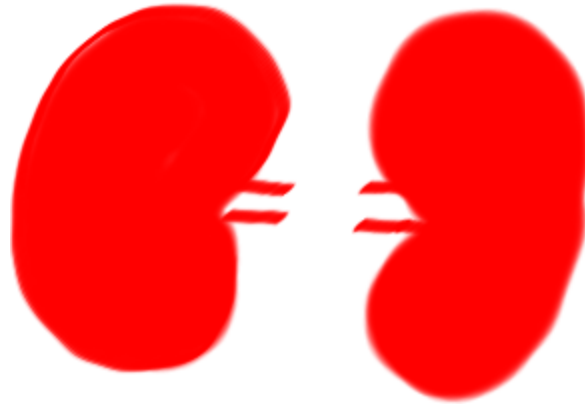
OXYGEN CONTENT

Hypoxia



$$(Hb\ 9 \times 1.34) \times 95-100\% SaO_2 + 0.3 = 12\ ml\ O_2/dl$$

Q. Stimulus to EPO: GFR or Anemia?

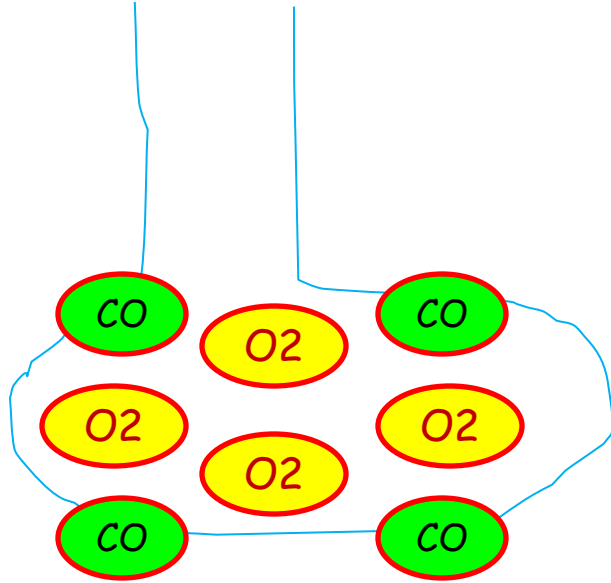


Yes, oxygen content drives EPO, not GFR (they are dissociated)

This concept also explains the physiologic erythrocytosis seen in patients with chronic lung disease.

Covered Material

- Measures of Oxygen Transport
 - PaO₂ (mm Hg)
 - SaO₂ (%)
 - CaO₂ (ml O₂/dL)
- Reviewed how anemia effects those measures
- Reviewed cardiovascular response to anemia
- Reviewed renal/erythropoietin response to ↓ CaO₂
- Let's review how abnormal oxygen binding (CO) and abnormal iron (Fe⁺³) impacts these measures.



Carbon Monoxide
(CarboxyHgb)

CO

CO

CO

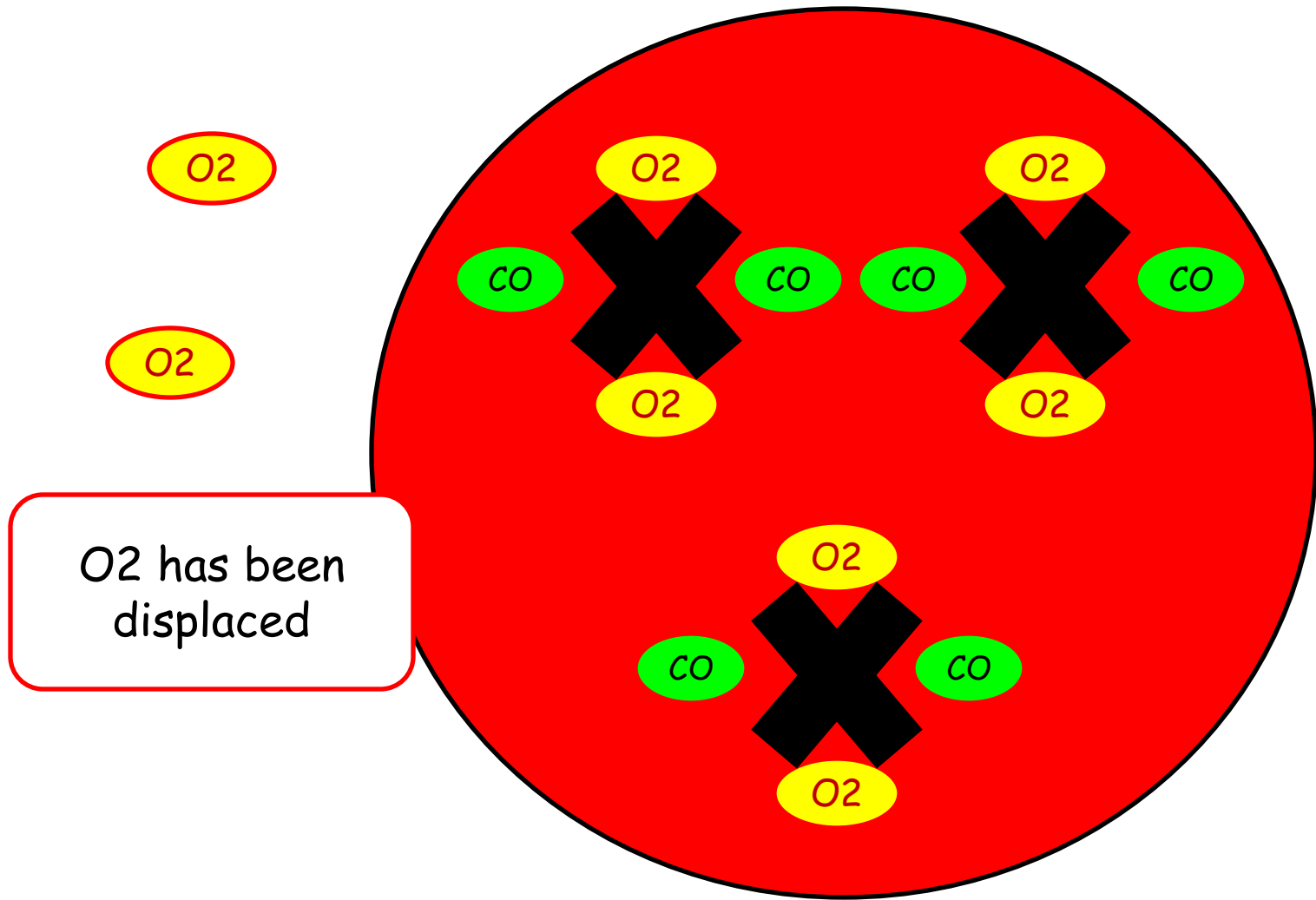
CO

CO



PaO₂ unchanged
(abundant amount of oxygen in atmosphere)

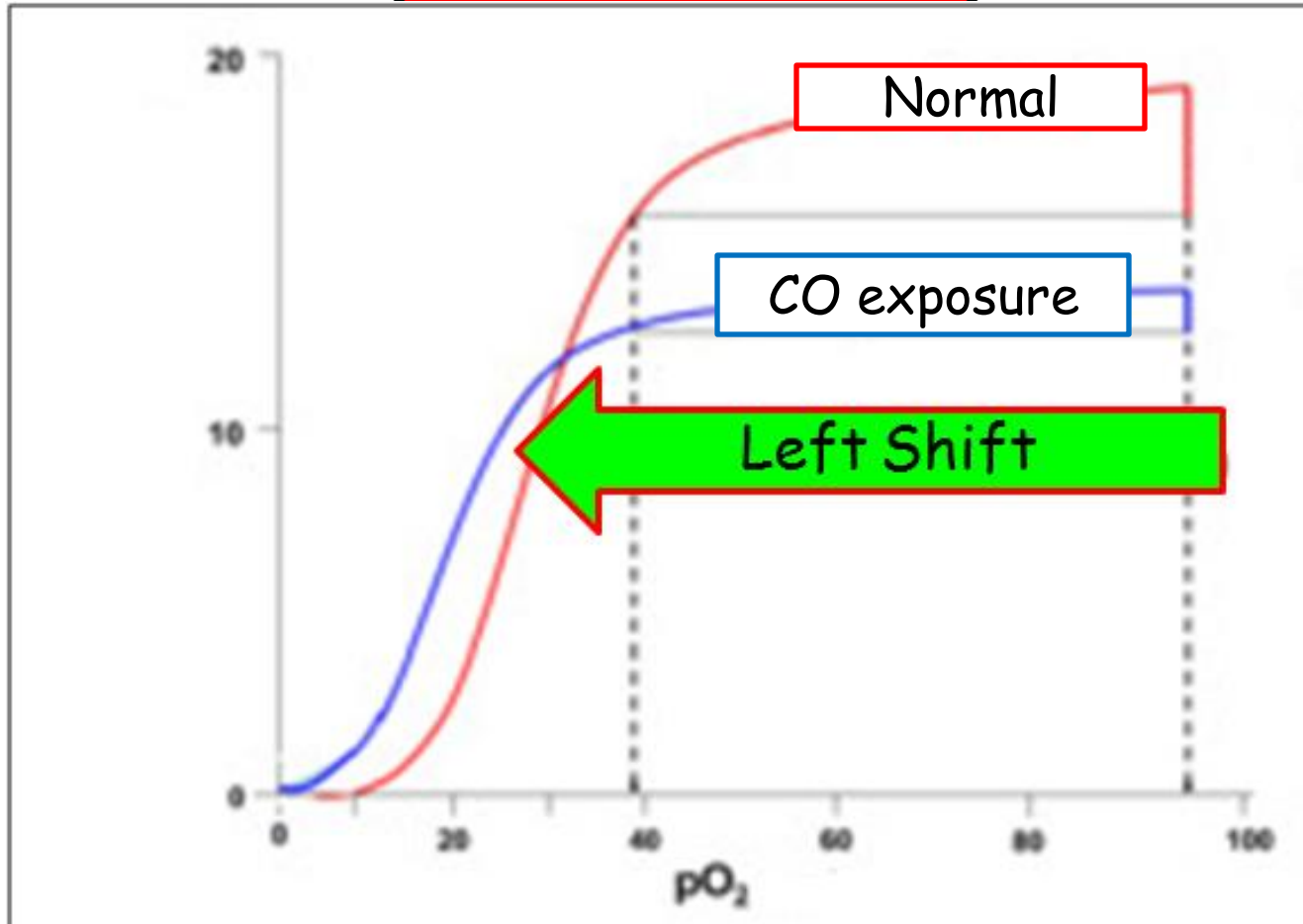
CO \gg O₂ Binding Affinity



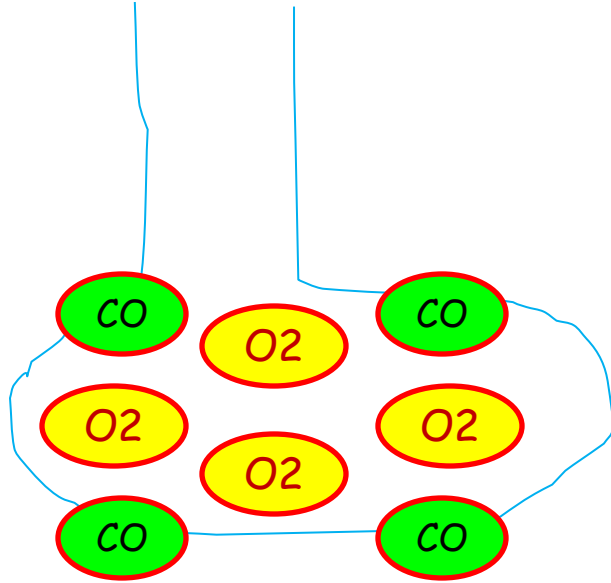
O₂ has been displaced

Oxygen Saturation (SaO₂) is ↓↓

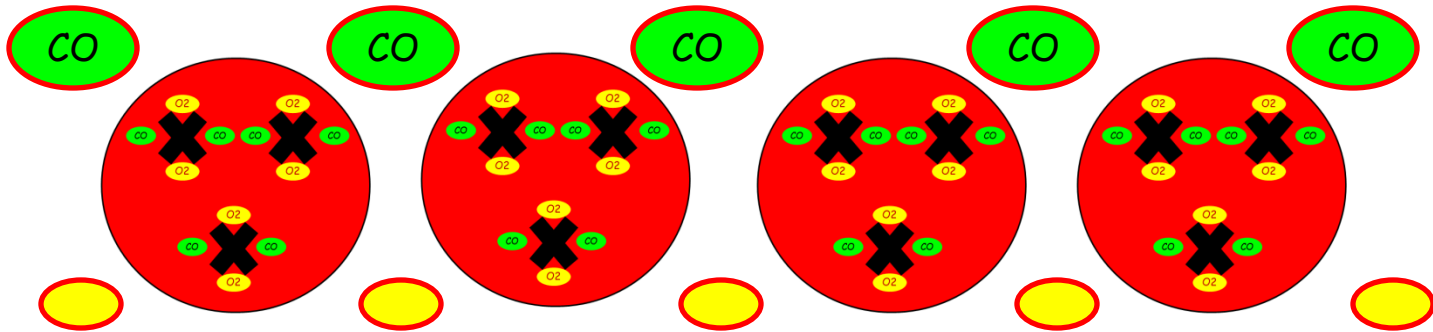
CO \gg O₂ Binding Affinity



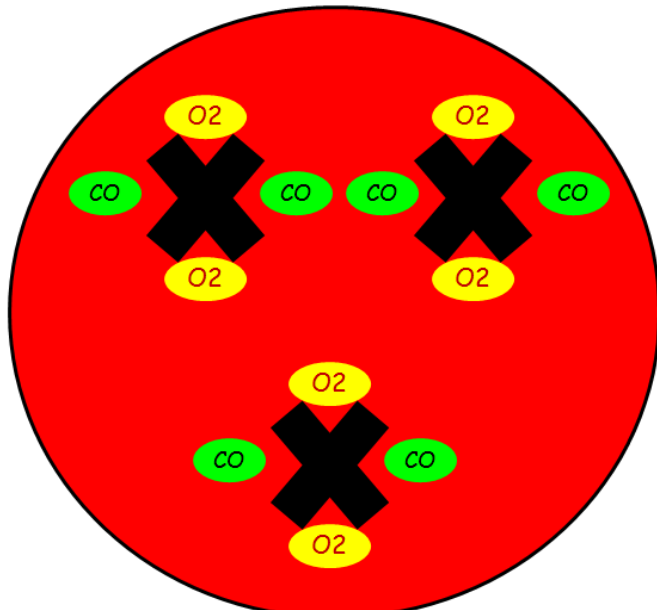
Oxygen Saturation (SaO₂) is ↓↓



Carbon Monoxide
(CarboxyHgb)



Oxygen Content:
 $[Hgb \times 1.34 \text{ (no change)}] \times SaO_2 \downarrow\downarrow + 0.3$



Carbon Monoxide

200x affinity for Hgb

O₂ dissociation curve → left

History: Exposure

PE: CNS depression

Skin color: cyanotic or **cherry red**???

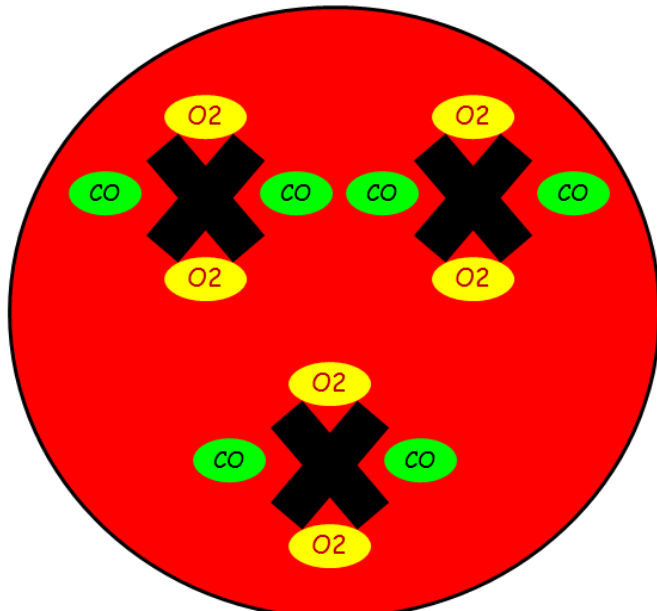
Exposure/Presentation:

Working in a garage with heater running.

Brought to ER by friend.

Appears **Cherry Red**.

carbon mon**OXIDE**



PaO₂: no change
SaO₂: decreased
CaO₂: decreased

Carbon Monoxide

200x affinity for Hgb

O₂ dissociation curve → left

History: Exposure

PE: CNS depression

Skin color: cyanotic or **cherry red**???

Clinical Dx: CarboxyHgb level

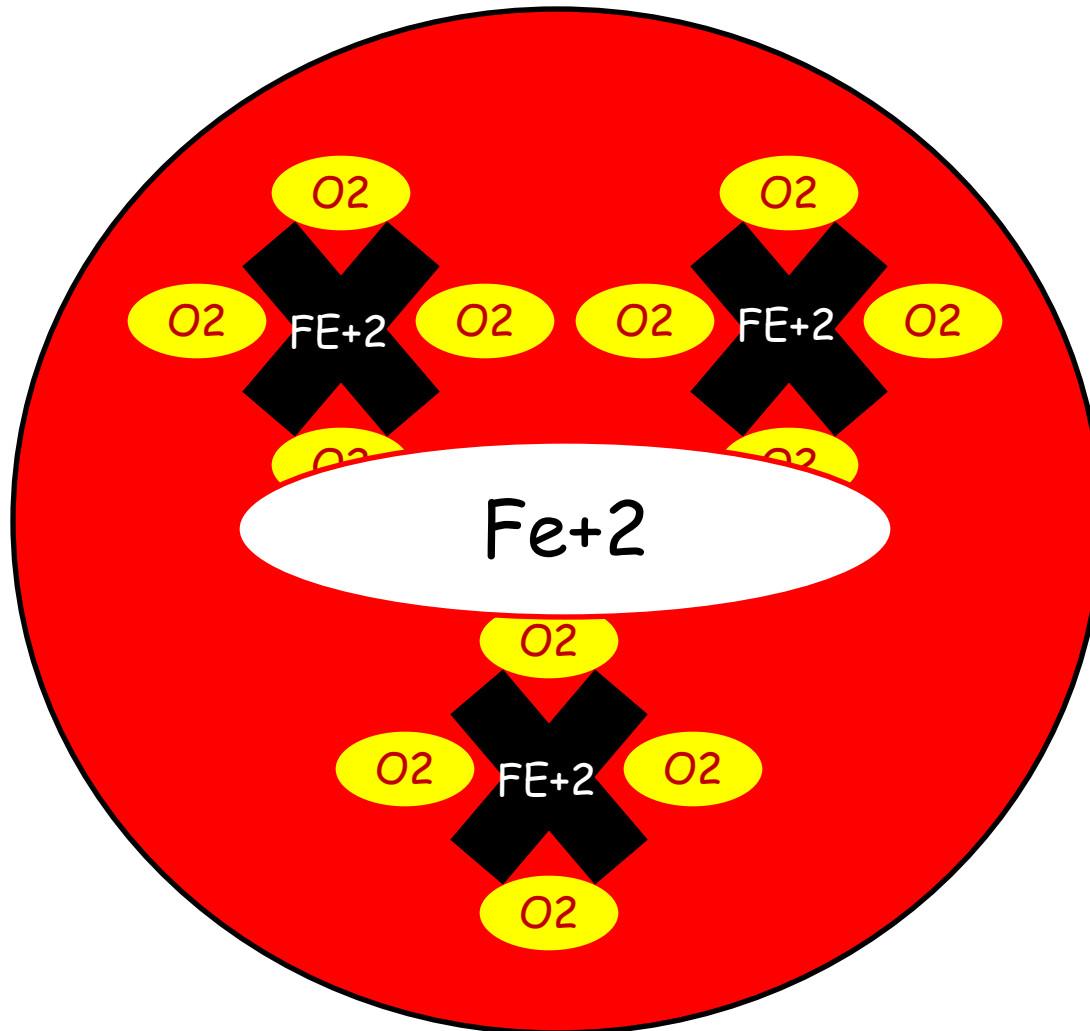
USMLE Dx: Oxygen Content

Rx: Oxygen

Covered

- Measures of Oxygen Transport
 - PaO₂
 - SaO₂
 - CaO₂
- Reviewed how anemia effects those measures
- Reviewed cardiovascular response to anemia
- Reviewed renal/erythropoietin response to ↓ CaO₂
- Let's review how abnormal oxygen binding (CO) and **abnormal iron (Fe⁺³) impacts these measures.**

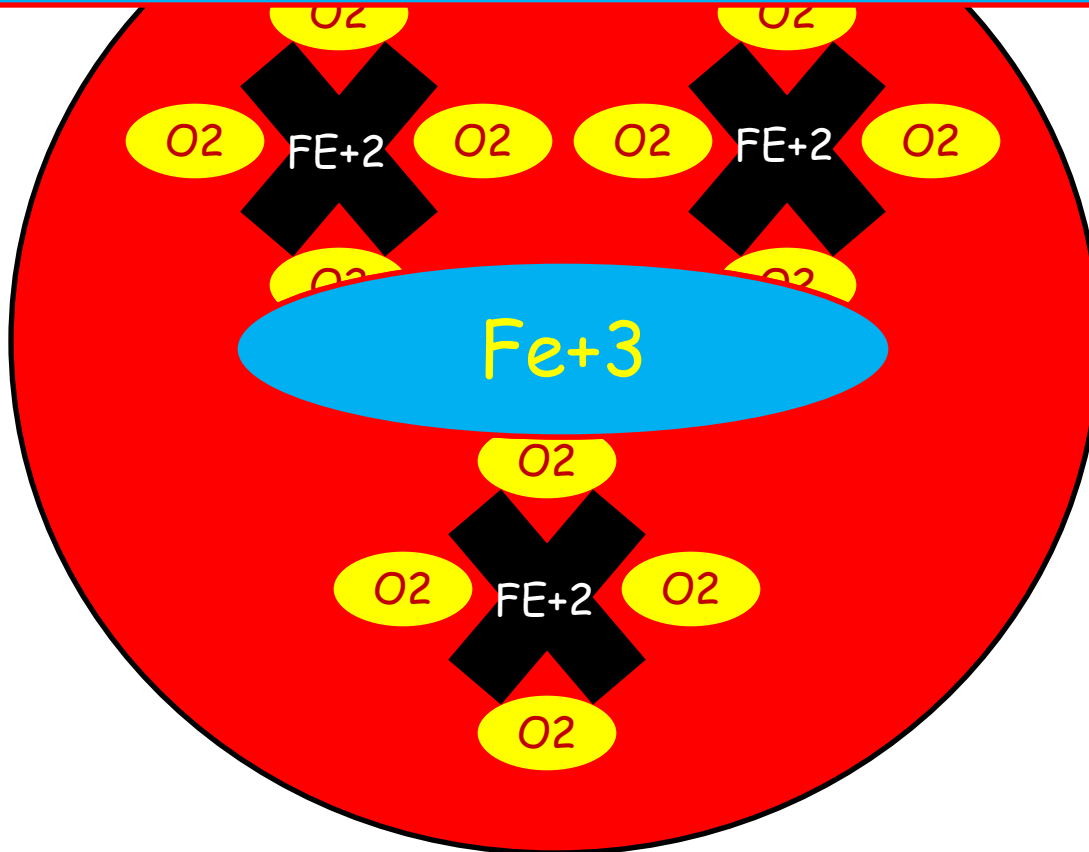
Oxygen freely diffuses into RBCs
SaO₂ measures Hgb binding sites bound to oxygen



Oxygen Saturation (SaO₂)

Oxygen freely diffuses into RBCs
SaO2 measures Hgb binding sites bound to oxygen

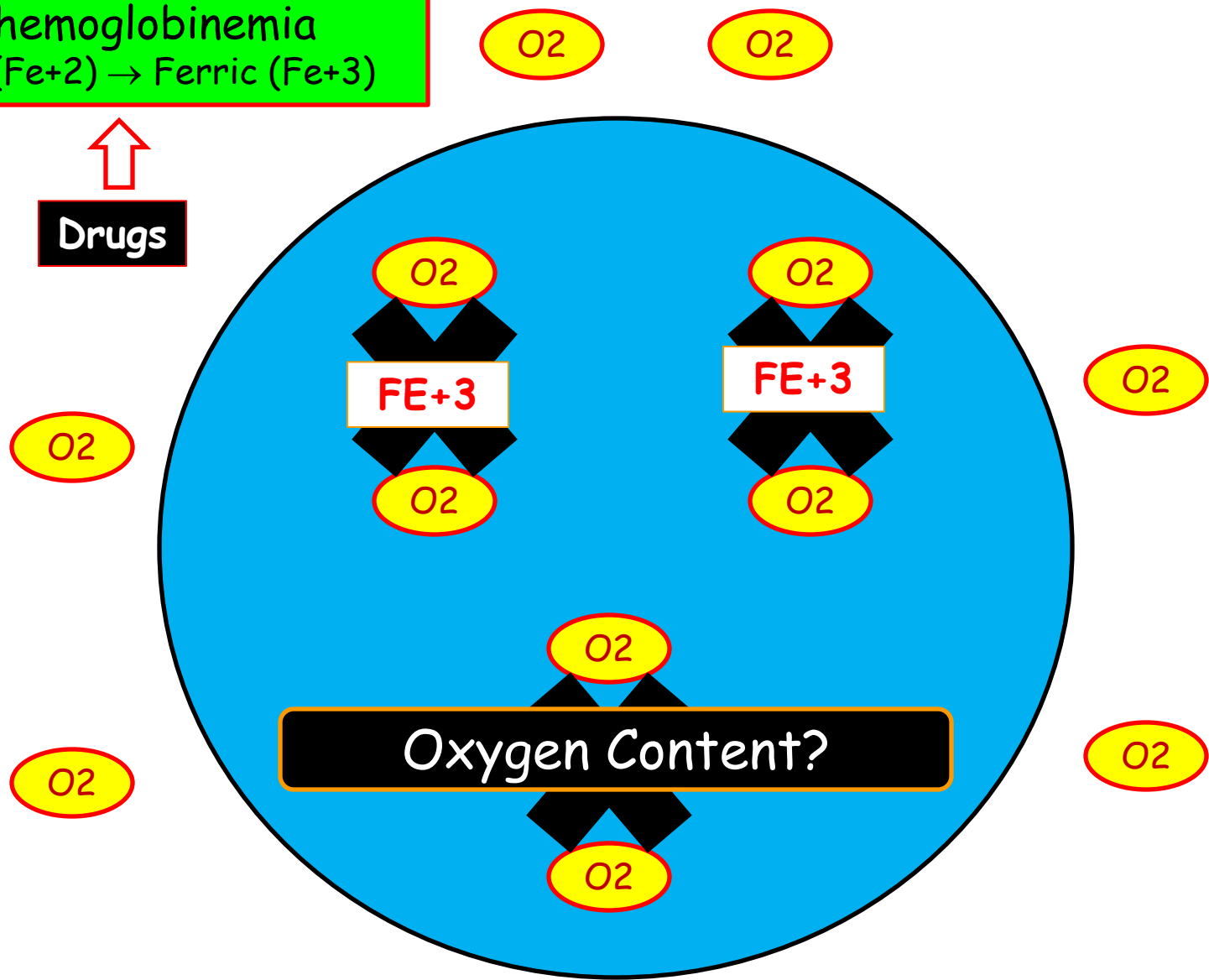
Methemoglobinemia



Oxygen Saturation (SaO2)

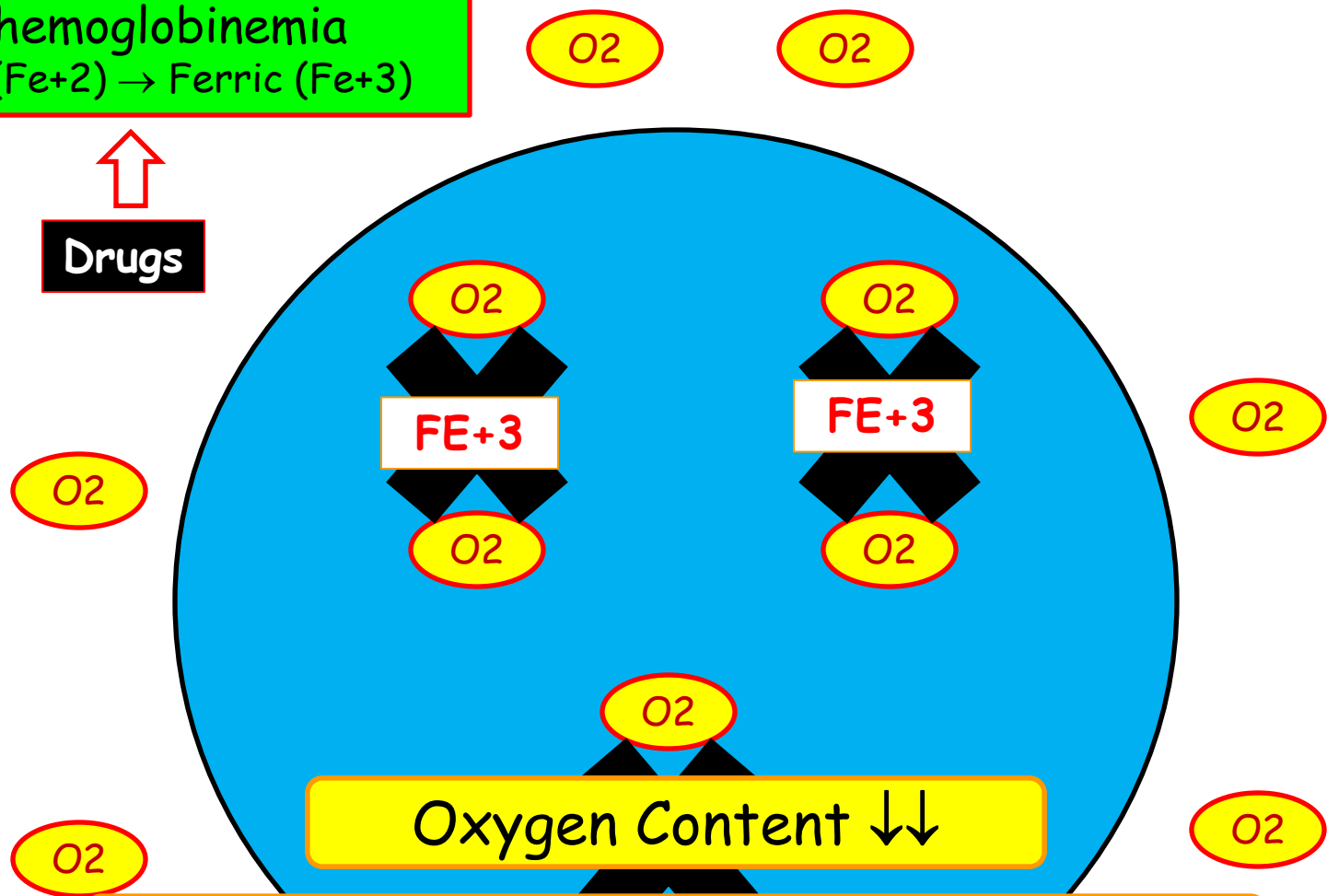
Methemoglobinemia
Ferrous (Fe+2) → Ferric (Fe+3)

↑
Drugs



Methemoglobinemia
Ferrous (Fe+2) → Ferric (Fe+3)

↑
Drugs

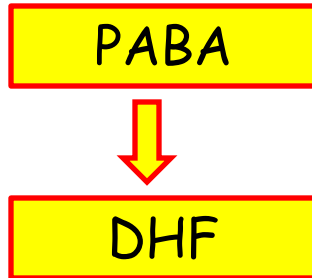


Oxygen Content ↓↓

No Change in Hgb: [Hgb x 1.34]

No Change in PaO₂

Oxygen Saturation (SaO₂) ↓↓



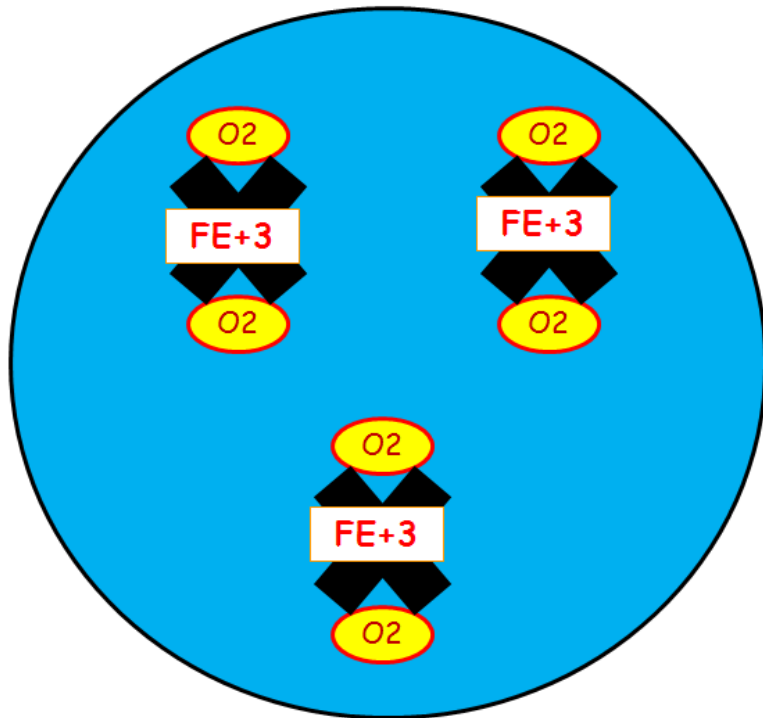
Methemoglobinemia
Ferrous (Fe⁺²) → Ferric (Fe⁺³)



Dapsone
Antifolate (PABA antagonist)
Indication: Leprosy, PCP ppx, DH
AE (>10%): MetHgb, hemolysis (G6PD)

Leprosy
Bug: mycobacterium leprae
Painless, nonhealing skin lesions
Rx: Dapsone and Rifampin

Q. Patient is given a drug for nonhealing skin lesions and...



PaO₂ unchanged
 SaO₂ ↓↓
 Oxygen Content ↓↓
 MetHgb level ↑

Methemoglobinemia

Fe⁺³ is unable to bind oxygen
 Remaining Fe⁺² has increased
 affinity (shift curve → left)

History: Offending drug
 (esp **dapsone/sulfa**, **nitrates**, topical
 anesthetics)

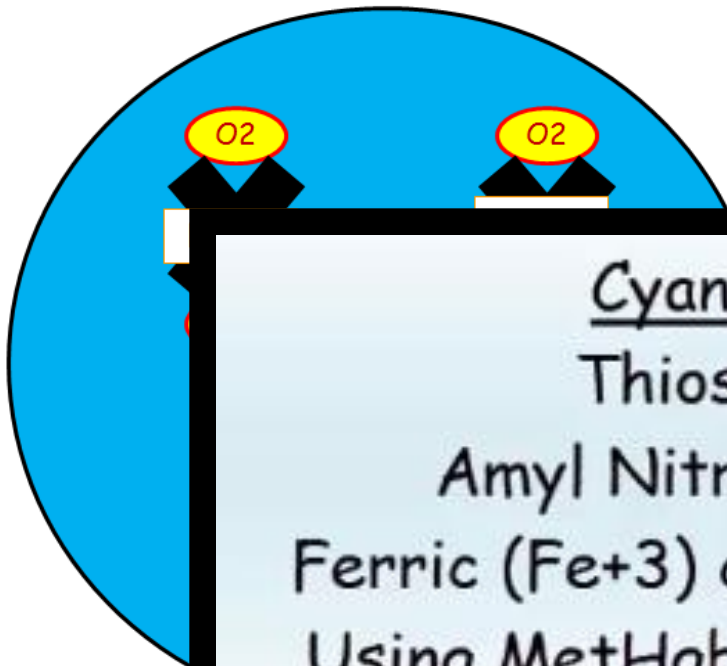
PE: cyanosis/'dusky'
 'chocolate brown blood' (in **OR**)

Data: (in box)

Rx: **Methylene blue**
 (electron acceptor)

Special Notes:

Cyanide poisoning and nitroprusside



Methemoglobinemia

Fe^{+3} is unable to bind oxygen
Remaining Fe^{+2} has increased (left)

Cyanide Toxicity Rx:

Thiosulfate is classic.

Amyl Nitrate induces MetHgb.

Ferric (Fe^{+3}) can bind cyanide molecule.

Using MetHgb for good instead of evil!

OR)

Data: (in box)

Rx: Methylene blue
(electron acceptor)

Special Notes:

Cyanide poisoning and nitroprusside

PaO₂ unchanged

SaO₂ ↓↓

Oxygen Content ↓↓

MetHgb level ↑

Material Covered

- Measures of Oxygen Transport
 - PaO₂
 - SaO₂
 - CaO₂
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- Let's review how abnormal oxygen binding (CO) and abnormal iron (Fe⁺³) impacts these measures.

Material Covered



Don't be stubborn!

Howard@12daysinmarch.com